



Healthy Teen Network



How & Where Healthy Teens Live, Learn, & Play:

The Social-Ecological Health Promotion Frame & Social Determinants of Health

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Access to education and quality health services; relationships with peers, family, and educators; or availability of affordable and convenient transportation, for example, strongly determine whether youth will be healthy beyond the influence of biology or genetic factors. Social determinants of health are present everywhere and interact with each other to affect youth health and well-being.

Healthy Teen Network promotes the social-ecological health promotion (SEHP) frame to better understand the social determinants of health and the various spheres of influence on individual behavior and health outcomes. The SEHP frame is a theoretical approach that allows communities to recognize, explore, and address the social determinants of health according to the influential spheres—individual, relationships, community, and society—moving beyond a focus on individual behavior, toward an understanding of the

wide range of factors. The SEHP frame allows us to increase our impact, building collaboration beyond the adolescent sexual and reproductive health field and achieving better outcomes for youth across diverse populations, including marginalized youth and pregnant and parenting teens.

There are many social determinants that impact individuals' health—too many to include on one fact sheet. Instead, Healthy Teen Network selected a sample of determinants that affect youth in order to illustrate the spheres of influence in which the determinants reside. The circle diagram (page 2) illustrates the spheres and social determinants.

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Read more about Healthy Teen Network's strategic plan to promote the use of the social-ecological health promotion frame and the social determinants of health online at www.HealthyTeenNetwork.org.

Resources

1. World Health Organization Commission on Social Determinants of Health. (2008). Closing the gap in a generation: Health equality through action on social determinants of health. Retrieved from http://whqlibdoc.who.int/publications/2008/9789241563703_eng.pdf
2. Centers for Disease Control and Prevention. (2010). Establishing a holistic framework to reduce inequities in HIV, viral hepatitis, STDs, and tuberculosis in the United States. Retrieved from <http://www.cdc.gov/socialdeterminants/docs/sdh-white-paper-2010.pdf>
3. U.S. Department of Health and Human Services. (2013). Healthy People 2020: Social determinants of health. Retrieved from <http://www.healthypeople.gov/2020/topicsobjectives2020/overview.aspx?topicid=39>

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Social-Ecological Health Promotion Frame

The Social-Ecological Health Promotion (SEHP) frame illustrates the interrelated spheres—individual, relationship, community, and society—and the social determinants of health (SDH) that influence individual behavior and health outcomes.

